

Answer following questions:

Q-1) Write the basic concepts of Corona virus(COVID-19)

Q-2) What are the precautionary measures we should take to combat Corona Virus?

Q-3) State the role of a Physical Education Teacher to control Corona Virus.

LESSON:3

Write briefly of the following:

Q-1) What do you mean by Endurance? State types of Endurance. How Endurance can be developed?

Q-2) Why strength plays an important role in sport? Write the training methods for Strength development.

LESSON: 4

Q-1) Write definitions of the following:

a) Force, b) Acceleration, c) Speed

Q-2) Why Newton's law of motion plays key role in games & sport?

If you have any question please send me an email or whatsapp.

Principal

GPECW

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